

# St. Nicholas Catholic - June

Home of the Tigers!

## St. Nicholas Catholic Elementary School

**Mission Statement:** To educate each student to his/her full potential in a community formed and guided by Catholic beliefs and traditions.

**Motto:** "Journey Together On The Road To Discovery"

St. Nicholas Catholic is proud to be a part of the Denis Morris Catholic High School Family of Schools.

Go Tigers Go!

Principal: Mrs. Jackie Watson

Secretary: Mrs. Kim Winstanley

Catholic School Council Chair: Ms. Paprzycki

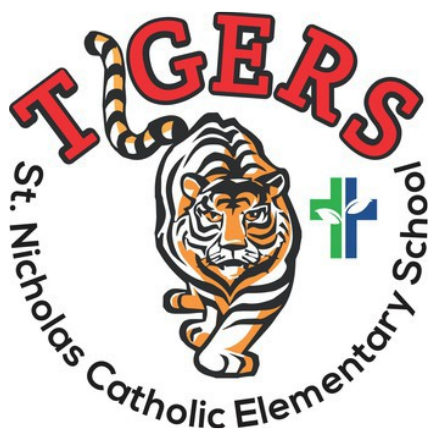
Superintendent: Mrs. Forsyth-Sells

Parish: Cathedral of St. Catherine of Alexandria, Father Benjamin Weber

**Email:** [st.nicholas@ncsb.com](mailto:st.nicholas@ncsb.com)

**Location:** [149 Church St, St. Catharines, ON, Canada](#)

**Phone:** [905-685-7764](tel:905-685-7764)



## End of Year Prayer

At the end of this school year we give thanks to God;

For all the teaching and learning that has taken place in our school,  
our classrooms and in our homes.  
For the talents and gifts that have been shared, and the challenges that have been faced.  
For the burdens that have been lifted, and the hearts that have been healed.  
For respect and care that has been given.  
We give thanks for the friendships that have just begun,  
and for those that have grown.  
For the faith that has been lived in our daily struggles.  
For the hope that has lifted our hearts on the dark days,  
and for the love that has kept us going.  
Pour out Your love on us that we may return renewed and refreshed  
to continue our journey together.  
We make this prayer through Jesus Christ our Lord.  
Amen



# Happy Father's Day

## Who Is a Dad?

A Dad is a person who is loving and kind,  
and often he knows what you have on your mind.  
He is someone who listens suggests and defends.  
A Dad can be one of your very best friends.  
He is proud of your triumphs, but when things go wrong,  
a Dad can be patient and helpful and strong.  
In all that you do a Dad's love plays a part.  
There is always a place for him deep in your heart.  
And as each year passes you are even more glad,  
more grateful and proud just to call him your Dad.  
Thank you dad for listening and caring,  
for giving and loving,

and thank you for just being you.

To all of our Dads, Step-Dads, Grandpas and male caregivers, Happy Father's Day!

## Called by Name: Hear My Voice

Reflection #10

Have you ever tried talking to someone in another room? It can be difficult to hear what the other person is saying because of all the walls and obstacles in the way. Sometimes we put obstacles up that make it hard for us to hear God's voice. God never moves away from us, but we can turn away from Him. Even still, God is never far from us. He loves us and wants to lead us back home. One of God's ways of removing these obstacles is by forgiving us in the Sacrament of Reconciliation. The words we hear from the priest are the words of Jesus: "I absolve you of your sins." Let us give thanks to God for His mercy and take advantage of this great gift of God's forgiveness.



## School Mass and Graduation

St. Nicholas Catholic Elementary Schools is associated with the Cathedral of St. Catherine of Alexandria. Parish Priest is Father Ben Weber, Associate Priest is Father Paul McDonald.

Our final mass of the school year will be held the afternoon of June 24th in the gym at 12:30 p.m. Our mass will be celebrated by the staff of St. Nicholas Catholic.

Grade 8 Graduation - Wednesday, June 19, 2024. Information has been sent home.



Please understand that dates may change due to unforeseen circumstances. If this happens, the St. Nicholas Catholic Family community will be notified.

## Congratulations to Our Graduating Class

We would also like to take this time to recognize and congratulate our Graduates of 2024.

To Bernice, Ose, Kaitlyn, Sophia, Avayha, Keith, Andres, Jaden, Jahkai, Elliot, Hunter, Mason, Dwayne, Lexii, Devyn, Skye, Daniela, Carlota, Eamon, Beyon, and Bryar thank you for sharing yourselves with us. We wish you love, happiness and continual growth and success in high school. Please know that each and every one of you will always be a Tiger!



May God give you...

For every storm, a rainbow,

For every tear, a smile

For every care, a promise

And a blessing in each trial.

For every problem life sends,

A faithful friend to share,

For every sigh, a sweet song

And an answer for each prayer.

## **Balanced Day: New School Hours For The 2024-2025 School Year 8:25 a.m. to 2:45 p.m. Supervision begins at 8:10 a.m.**

Dear Parents/Guardian(s),

As we continue to work together as a Catholic community of learners, this letter is to notify you that all Niagara Catholic elementary schools will be on a Balanced School Day schedule effective September 3, 2024. A Balanced School Day is a modified elementary school schedule designed to enhance learning, foster healthy habits, and encourage daily physical activity.

This schedule comprises three instructional blocks interspersed with two nutritional breaks of approximately 40 minutes, allowing 20 minutes for a nourishing lunch and an additional 20 minutes for indoor and/or outdoor physical activity.

Please note that we are working with Immaculee Conception as we share the field, gym and library.

A typical day may look like the following:

- 8:25 – 9:55 a.m. – 80 instructional minutes
- 9:55-10:35 a.m. – 40 minutes nutrition/physical activity break
- 10:35-11:55 p.m. – 80 instructional minutes
- 11:55 – 12:35 p.m. – 40 minutes nutrition/physical activity break
- 12:35 – 2:45 p.m. – 120 instructional minutes

### **Tips for Parents**

How to Plan and Prepare for Nutritional Breaks Packing a nutritious meal for the Balanced School Day can be both enjoyable and straightforward. Here are some suggestions to help you plan a healthy lunch for your child:

- Divide a single lunch into two portions to ensure adequacy for each nutritional break.
- Wrap sandwiches individually or cut them in half.
- Separate fruits, vegetables, crackers, and cheese into labeled bags for each break.
- Consider providing two healthy drinks for each break.
- Avoid packing foods containing nuts or nut products to support our peanut-safe schools.
- Involve your child in planning and preparing their nutritional breaks.
- Ensure your child includes a balanced selection of healthy foods if they are responsible for packing their lunch.
- Aim to include items from three of the five food groups outlined in Canada's Food Guide to Healthy Eating for each break.

To accommodate these changes, the school day will be extended by 10 minutes. As communicated by NSTS, our school day for September 2024 will begin at 8:25 a.m. and conclude at 2:45 p.m.

Thank you for your attention to this matter.

### **Tentative Classrooms**

The time of year is approaching when we will set in motion the procedures for organizing next year's classes. Please note that although St. Nicholas Catholic will have combined grades this coming school year, all classrooms should be classified combined as teachers program for the needs of all their students on a daily basis.

Teachers do not accept parent requests for specific teachers. They create the classes according to the projected numbers and to the criteria given. The principal and the ERT will meet with each teacher to review the lists. Please rest assured that all children at St. Nicholas Catholic Elementary School will be afforded excellence in classroom learning environments and your support and confidence in our ability to create appropriate class groupings is appreciated.



## Reporting Process for Term 2 Report Cards

Term 2 electronic copies of Report Cards will be available to parents/guardians and students through the Niagara Catholic EasyConnect Parent Portal the week of June 24, 2024.

The Niagara Catholic EasyConnect Parent Portal can be accessed at <https://niagaracatholic.ca/reportcards/> by selecting your child(ren)'s school.

Log in with your username (email account on file with the school) and your previously set password.

Hard copies of all IEPs and Alternatives will be sent home with the respective child.

## Good Bye and Best Wishes

May God shine His love down on those who will be leaving us this year and may He continue to guide their path, keeping them safe from harm.

To Mrs. Birdsall, Ms. Caughlin, Mrs. DeAngelis, Ms. Linay, Mrs. Lyttle, Mrs. Picard, Mr. Robichaud and Mrs. Silvestri-Pilon, we wish you all the best in the new schools you will be going to next year.

To Mrs. Boland, we wish you love and continual growth as you venture into the next chapter of your teaching career at the Board office. We look forward to having you support our Literacy needs throughout the year.

To our Grade 8 Graduates, enjoy high school, make memories and continue to be as great as you all are.

All of you will always be a roaring Tiger!!



## Sports Corner

### Track and Field

Congratulations to all of our Grades 4 through 8 for participating in this year's Track and Field.

For those moving on, the Family of Schools competition will be taking place on Monday, June 3rd.

For those moving on from there, the Board's Track and Field will be taking place on Thursday, June 13th.

For those moving forward, more information will follow.



### Intermediate Soccer

Congratulations to our Girl's and Boy's Intermediate Soccer teams who competed on Tuesday, May 28th and Wednesday, May 29th, respectively.

The students played with heart, determination and displayed a tremendous of sportsmanship. Way to go Tigers!

Congratulations go out to: Emma, Phoenix, Tai'yha, Brandi, Khloe, Avayha, Nevaeha, Lola, Sophia, Daniela, Katelyn, Bernice, Lexii and Bryar.

Again, congratulations go out to: Devyn, Jaden, Lincoln, Yadiel, Cayden, Seim, Kebron, Keith, Pablo, Andy, Juan, Beyon, Trevor, Landon and Andres

Special thank you to our wonderful coaches, Mrs. Marotta, Mr. Lamothe and Mr. Ruberto. A special thank you to our parent/guardian drivers. And a huge thank you goes out to Mr. Boland who was the conveynor for the entire Intermediate soccer tournament.

## Play Day

Student Council will be holding a Play Day for the students of St. Nicholas Catholic on Tuesday, June 25th. Depending on the heat of the day, Play Day may take place outdoors in the morning with a fun afternoon of Board Games and/or movies within the classrooms.

We will serve a hotdog lunch to all students on this day. Each child will receive two hotdogs.

Please supplement lunches with snacks and plenty of water.

Play Day will be an out of dress code day.

## Hot Lunches

Friday, June 14th - Pizza Day

- last day to order pizza is June 12th.

Friday, June 21st - Chicken Finger Day

- last day to order chicken fingers is June 19th.



Log into school cash on-line to check out options and to pay.

**Please understand that we are unable to sell food the day of. All lunches are to be preordered.**

**Last Day for Lunch Angels will be Thursday June 20th. A packed lunch from home will be needed daily for the last week of school.**

Lunch Angels will come to an end for this school year on Thursday, June 20th. For the last week of school, we ask that parents/guardians ensure that their children come with a packed lunch consisting of two snacks, a lunch and a reusable water bottle.

A reusable water bottle is very important to have on these hot summer days and it can be refilled at one of our three hydration stations throughout the day.

Lunch Angels should start back up in September. We thank the members of volunteers of Community Crew for all that they have done this year in supplying lunches to St. Nicholas Catholic

## Reminder of the Last Day of Ice-Cream Sales

Just a reminder that the last day for ice-cream sales will be Friday, June 21st. We will not be selling ice-cream the last week of school.



## Lockdown June 3rd

We will be conducting our last lockdown this coming Monday first thing in the morning. This is just a drill. As always, we practice to ensure the students are aware of what to do in case of an actual emergency.

Thank you

## Catholic School Council

A very big thank you goes out to Catholic School Council for all that they did this school year. With our three fundraisers of the COBS Bread, Mom's Pantry and Krispy Kreme Doughnuts, we have raised over \$1,300.00 to go towards new Chromebooks. Way to go Tigers, and thank you for your support!

A special thank you to our wonderful Council members and volunteers who supported our Christmas Shoppe this past December. Once again with everyone's support, we raised \$1,105.00 and were able to support 22 families with Christmas gift cards. Thank you to all families who have supported our fundraisers throughout the year.

Please consider joining CSC for the 2024/2025 school year.

The first meeting will be Monday, September 23, 2024 at 5:00 p.m.



## Krispy Kreme Doughnuts



Thank you to all who have ordered Krispy Kreme Doughnuts to date.

Orders will be accepted through school cash on line until Sunday, June 16th.

Doughnuts will arrive at the school on Monday, June 24th.

Thank you to Ms. Paprzycki for picking the doughnuts up from their store in Mississauga.

## St. Catharines Public Library



June Public Library visits are as follows:

10th - Grades 1/2, 2/3 and 3/4

11th - Grades 6/7 and K-Y/C

12th - Grades 7/8 and Y-D

14th - Grades 1 and 4/5

Please note that all borrowed library books will be returned by the school at the end of the school year.

The last visit gives the librarians an opportunity to discuss their summer programming that will be available. Please consider registering your child(ren) for these fun, engaging and literacy building programs that are free to those with a library card.

We will continue with our community building, Public Library visits in September. Thank you to those at the library for all of our visits these past few months.

Please remember to keep your library card in a safe spot. Lost library cards can be replaced once, free of charge. After that a library card will cost \$4.00.

## Summer School: International and Indigenous Languages

Please see flyer attached.

### SS International and Indigenous Languages Program.pdf

[Download](#)

508.0 KB

## Public Health

Elementary Schools

## June's Newsletter.pdf

[Download](#)

251.7 KB

## Kids Bowl Free Summer Bowling Program Starting Soon...

Hi St. Nicholas Catholic Families



The Kids Bowl Free Summer Bowling Program is available in our community and we thought that your family might enjoy this great deal. Each child receives 2 FREE Games of Bowling Every Day All Summer and last summer over 3,000,000 kids enjoyed this great program.

Here's How You Can Register Your Children/Family

1. Go to [www.KidsBowlFree.com](http://www.KidsBowlFree.com)
2. Click on the State and then select the bowling center that you'd like to participate at.
3. Register your children to receive Free Bowling all summer long (under 15 years of age)
4. Sign up the adults and/or older children for the optional Family Pass which allows up to 4 adult family members including parents, grandparents, or older siblings to join in the bowling fun.

Sincerely,

Darin and Andy  
Kids Bowl Free Program

P.S. Forward this email on to friends and/or family members that may be interested in participating in this FUN Family Deal!

## Canadian National Exhibition (CNE) Children Passes

CNE runs from August 16th - September 2nd.  
Please see flyer attached.

## 2024 CNE Kids Pass.pdf

[Download](#)

3.1 MB



The Niagara Catholic EarlyON Child and Family Centres and Early Years Team are hosting our second annual FAM JAM Community Event for all families with young children Infants to Grade 2 and newcomer families.

FAM JAM will take place on **Saturday, June 22, 2024 from 9:30 a.m. to 12 noon at the MacBain Community Centre, 7150 Montrose Rd, Niagara Falls.**

FAM JAM is a free, fun-filled morning of activities for families to enjoy with their young children. There will be EarlyON outdoor play program, book giveaways, StoryWalk, Mobile Closet free shopping, face painting, community resources, and refreshments. Various community partners will be participating in this event to provide information and resources for all families and newcomer families. Some partners include - Mobile Closet, Niagara Falls Public Library, Niagara Region Public Health – Niagara Parents, Niagara Firefighters Association and services available to newcomer families.

### Fam Jam 2024 Flyer.pdf

[Download](#)

1.0 MB

## Kiss And Ride: Please Park Only In A Designated Parking Spot

Please remember that you are asked not to park or get out of your car when in the Kiss 'n Ride line up. The Kiss 'n Ride is exactly that - a quick kiss as your child(ren) quickly get out of the family car. Or the quick ability for your child(ren) to get into the car and do up their own seatbelts. Please ensure that you have pulled up to the front of the line prior to your child(ren) getting out of the car. After school, staff will support students by getting them to their car safely. If you need to help your child(ren) get in and out of the car, or to assist with the seatbelt, or to help with the putting on or taking off of backpacks, we kindly ask that you park your car in a designated parking spot - away from the flow of traffic.

Our parking lot is small, however the traffic is able to flow well when expectations are followed. We thank everyone for their cooperation when it comes to the safety of our students and staff when in the parking lot and in the Kiss 'n Ride.

## Elementary Dress Code

NCDSB has a dress code of navy and white for all Elementary schools and their students within. Below is an excerpt from the Elementary Standardized Dress-Code Policy 302.6.10:



1.1 At a minimum, every student is required to wear one of the following items: ☒ Navy Blue sweat pants for students in Kindergarten to Grade 3; ☒ Navy Blue Pants (Cargo, Corduroy, Denim, Dress, Kobe styles permitted); ☒ Navy Blue Dresses or Skorts; or ☒ Navy Blue Capris or Walking Shorts. ☒ Grade 8 students have the option to wear grey secondary uniform pants purchased through Board uniform suppliers. Pants, skirt or dress length must be appropriate and modest. Only knee length capris or shorts are permitted. All clothing must be in good repair.

1.2 At a minimum, every student is required to wear one of the following items: ☒ Navy Blue or White Oxford shirt (short or long sleeve); ☒ Navy Blue or White Polo shirt (short or long sleeve); or ☒ School designed spirit wear polo shirt. The elementary standardized dress code shirts, either polo

or oxford must be buttoned in a respectable manner. Visible t-shirts worn under the elementary standardized dress code top must be either navy blue or white. In addition, approved sweaters and hoodies embroidered and/or screened with the school logo are permitted to be worn as part of the elementary standardized dress code.

Please see below the policy attached in its entirety.

### **302.6.10 - Elementary Standardized Dress Code Policy AOP (1).pdf**

[Download](#)

677.8 KB

### **Big Bear Spiritwear**

St. Nicholas Spiritwear is now being offered through Big Bear Spiritwear. Please click onto

<https://www.bigbearspritwear.com/st-nicholas/> to see the options available for purchase. All St. Nicholas Spiritwear can be worn throughout the year as it is an extension of the school dress code.

Orders placed through Big Bear Spiritwear can either be picked up at their Niagara Falls store or can be delivered to the school for a \$3.00 charge. Items delivered to the school will be sent home with the student in his/her backpack.



### **No Cell Phone Use While In School**

This is a reminder that cell phones are not to be used at school unless under direct supervision of the classroom teacher. Cell phones are not to be used during recesses or lunch breaks.

Pictures are not to be taken and under no circumstances can anything, pertaining to any aspect of the school day, be uploaded to the internet. This includes pictures taken on any device aside from a cell phone. If an emergency arises and a parent needs to get ahold of their child, a call to the school's direct line can be made and Mrs. Winstanley will forward the message.



St. Nicholas Catholic is not responsible for any lost or damaged cell phone/technology that is brought to school. For the younger grades, cell phones are to be kept in a child's backpack. For the older grades, cell phones are to be kept in a child's locker. It is advisable for that child to bring a lock to place on his/her locker.

### **301.5 - Electronic Communications Systems (Students) AOP (1).pdf**

[Download](#)

368.7 KB

**Please Keep Us Updated**

It is very important that we have the most updated contact information for your child, especially if we need to get ahold of someone quickly in case of an emergency.

Please forward to Mrs. Winstanley any information that has been changed, such as phone numbers, emails and emergency contacts. Thank you in advance for helping us keep everyone safe.



**Happy Canada's Day July 1st**

157 years young!



**Jacqueline Watson**

Jacqueline is using Smore to create beautiful newsletters